

ENROUTE™

Complete Surgical Nutrition Program

Optimize your body for surgery using this nutrition program recommended by your surgeon.



UNC HEALTH | Cary Orthopaedics



MAINTAINS
MUSCLE MASS



SUPPORTS
BONE HEALTH



ENHANCES
IMMUNE FUNCTION



PROMOTES
WOUND HEALING

ENROUTE™ BUILD

Build your body with essential nutrients to help you get ready for surgery and recover faster after surgery.



ENROUTE™ PREPARE

Prepare your body for the metabolic stress of surgery and improve post-surgical outcomes.



ENROUTE™
BUILD

14 DAYS

2x Daily for 14 Days
Before Surgery

ENROUTE™
PREPARE

2x the Evening
Before Surgery

ENROUTE™
BUILD

14 DAYS

2x Daily for 14 Days
After Surgery

Note: If your surgery is less than 14 days away, you can still benefit by starting as soon as possible.

Learn more at www.getenroute.com or call 1-800-619-0783

Delivered To Your Door



Order Online

1. Visit www.getenroute.com or scan the QR code with your phone camera.
2. Select your surgeon.
3. Select your protein source and flavor.
4. Get ENROUTE™ delivered to your doorstep.



Order via Phone

Please have your surgeon's name handy when ordering via phone.

1-800-619-0783

Purchase In-Store

Available at Cary Orthopaedics

Cary Orthopaedics

1120 SE Cary Pkwy, Suite 100, Cary, NC 27518
+1 (919) 467-4992 (Ext. 1041175)



WHAT'S INSIDE?

56

servings

2

servings



BUILD

Multi-Nutrient Formula

PREPARE

Complex Carbohydrate Formula

SHAKER BOTTLE

Patented Blending Technology

EXPERT NUTRITION SUPPORT

Nutrition Matters

Nutrition is an important part of surgery that you can control. **Take part in your care with ENROUTE™.**

Option to pay in interest-free installments available exclusively online.

HSA/FSA
Eligible

\$295

for entire 4-week
nutrition program

(that's \$10 per day)